



TURBOCHARGE YOUR PRACTICE

7 COMMON MISTAKES PIANISTS MAKE — AND THE SIMPLE
FIXES THAT SAVE YOU YEARS



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7 PRACTICE MISTAKES

AND THE SIMPLE FIXES THAT SAVE YOU YEARS



1. Only drilling mechanics

Fix: Balance your practice — mechanics + musical concept + performance run-throughs.

MISTAKE
1



2. Vague problem-solving

Fix: Practice like a detective. Define the exact problem (bar, note, hand) so you can solve it.

MISTAKE
2



3. Practicing too much at once

Fix: Tiny chunks of 3–5 items max. Small sections stick faster and last longer.

MISTAKE
3



4. Going too fast too soon

Fix: \$100 Tempo. Play only as fast as you can get it 100% right on the first try.

MISTAKE
4



5. Playing nonstop without rests

Fix: Micro-Break Reset. After 2–3 clean reps, pause 10–15 seconds to let your brain consolidate.

MISTAKE
5

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6. Repeating the same way too much

Fix: Change up practice. Vary tempo, dynamics, articulation, or role-play styles.

MISTAKE
6



7. Not switching sections or pieces

Fix: Interleave. Rotate every 5–7 minutes — it feels harder, but learning sticks deeper.

MISTAKE
7

KNOW WHICH STRATEGY TO USE WHEN. IMPROVE FASTER.



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ANSWERS UNLOCKED

Here are the 10 things you were squinting at in the video

